

**Directions  
to  
Naturally Healthy Family Medicine  
7637 Lancaster Pike, Building 2  
Hockessin, DE 19707  
302-234-0222**

**From I-95 and I-295**

Take Route 141 north through Newport (two miles) to Route 2/Kirkwood Highway (Exit 6B). Go west to the third traffic light, Route 41, and turn right. Go approximately six miles. You will see a small shopping center on the right named Wellington Plaza.

Our entrance is the second driveway on the right past the shopping center. You will see a black mailbox with our Naturally Healthy Family Medicine sign hanging below it. Proceed down the driveway to the *second white house* where our office is located.

**From Route 202 or Route 52 (Pennsylvania Avenue)**

Take Route 141 south to Route 48 and turn right. Route 48 will merge with Route 41 after about three miles. Go three to four more miles, through Hockessin. You will see a small shopping center on the right named Wellington Plaza. Our entrance is the second driveway on the right past the shopping center. You will see a black mailbox with our Naturally Healthy Family Medicine sign hanging below it. Proceed down the driveway to the *second white house* where our office is located.

**From the North**

Take Route 1 south, passing Kennett Square, to the Toughkenamon Exit. Take the exit and then turn left onto Newark Road. Go three miles to the second traffic light and turn left onto Route 41, heading south. Go two-and-a-half miles. Naturally Healthy Family Medicine is on the left, directly across from the "Welcome to Delaware" sign. At our entrance, you will see a black mailbox with our Naturally Healthy Family Medicine sign hanging below it. Proceed down the driveway to the *second white house* where our office is located.

**From the South**

Take Route 1 north until you reach I-95. At I-95 there is a split. *Stay to the right*, following the sign that says Route 7 North. Stay on Route 7 and continue past Delaware Park Racetrack and Casino. Make the second left turn after the entrance to Delaware Park. You will really be winding around to the left behind two buildings...a liquor store/gas station...and a tax accountants' office...and you should stay in the left lanes as you do this. You will still be on Route 7 (also named Limestone Road). Go about six miles (and through several traffic lights) until you see the Lantana Shopping Center on your right. Turn right onto Valley Road (the first traffic light after the entrance to the shopping center, which also has a traffic light). Go about one mile to the second traffic light on Valley Road. You will be at Route 41, also known as Lancaster Pike.

Turn left onto Route 41/Lancaster Pike, going up a steep hill. At the top of the hill, there is a small shopping center on the right named Wellington Plaza. Our entrance is the second driveway on the right past the shopping center. You will see a black mailbox with our Naturally Healthy Family Medicine sign hanging below it. Proceed down the driveway to the *second white house* where our office is located.



**Headed southeast on Route 41**



**Headed northwest on Route 41**